

Disaster Mental Health Bulletin: FEBRUARY 2024

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<http://georgiadisaster.info/>



Crisis Counseling Assistance & Training Program Updates

DR-4685: Georgia Severe Storms,
Straight-line Winds and Tornadoes
January 2023 – January 2024

Disaster Outreach Services:

Primary Services

- Individual Crisis Counseling: 299
- Group Counseling/ Public Education: 1,878
- Brief Educational/ Supportive Contact: 1,737
- Total: **3,844 total individuals served**

DR-4738: Hurricane Idalia
September 2023 – January 2024

Disaster Outreach Services:

Primary Services

- Individual Crisis Counseling: 22
- Group Counseling/ Public Education: 0
- Brief Educational/ Supportive Contact: 156
- Total: **178 total individuals served**

Winter Weather Readiness

Winter weather preparedness is important to ensure you are ready for cold and potentially challenging conditions. While Georgia doesn't see much snow, ice and fog are common hazards during the cooler months. Here are some things to keep in your car, home, and office to be prepared for winter weather.

In your car:

- Blanket/ extra jacket
- Gloves
- Traction aid (sand or cat litter)
- Portable phone charger

- Jumper cables
- Flashlight & extra batteries
- First Aid kit
- Non-perishable snacks
- Water bottles

In your home:

- Heating supplies
- Winter clothing
- Fire extinguisher
- [Emergency Plan](#)

In your office:

- Emergency food
- Backup power source
- [Communication plan](#)
- Umbrella
- Extra jacket/ gloves



UPCOMING EVENTS

**Georgia Emergency Preparedness
Coalition for Individuals with
Disabilities & Older Adults (GEPIC)
February 1, 2024 @ 2:30pm**

**Critical Incident Stress
Management – Assessing
Individuals in Crisis
February 5-6, 2024
HPP Region B**

**Critical Incident Stress
Management – Group Crisis
Intervention
February 19-20, 2024
HPP Region C**



TOOLS & RESOURCES



D-B-H-D-D

