



Are you a Canadian veteran who has been experiencing pain longer than 3 months?

We want to hear from you!

Resilient Valor is a study lead by the University of Waterloo. The aim of this study is to provide opportunities for Canadian veterans to express which evidence-based values and resources are most meaningful in terms of navigating and negotiating for their chronic pain management needs. These opportunities include a **25 minute** online survey (link below) and a group dialogue.

Interested in sharing your experience?

Complete our online survey by clicking [here](#)

For more information about this research study: please contact our Study Coordinator Sarah Versteeg at sarah.versteeg@uwaterloo.ca

This study has been reviewed by, and received ethics clearance through the University of Waterloo Research Ethics Committee.

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